

- A request for x-ray or other imaging unless this is a new episode requiring acute investigation
- Long-acting contraception or minor surgery
- a routine review of chronic conditions, including routine lipid and other blood tests

### **FORGOTTEN MEDICATION**

#### **We Will Do Our Best to Assist You**

We realise that forgetting medication when you're on holiday can be a hassle to sort out. Please be patient whilst we try to assist you in getting the medication you need.

Being on an island can mean that it takes a bit longer to get medication into stock. Whether we provide your medication from our Shiskine dispensary, or provide you with a prescription for our community pharmacies (Brodick, Lamlash, Whiting Bay), it can take up to **3 working days** for medication to be delivered from wholesalers.

#### **Your Own GP May Be Able to Help**

The simplest way of obtaining medication is to ask your GP practice to fax a prescription to one of our local pharmacies, or to Shiskine dispensary.

### **FORGOTTEN MEDICATION cont...**

Pharmacies:

Brodick Pharmacy Tel 01770 302250

Lamlash Pharmacy Tel 01770 600275

Where this is not possible...

- Visit the local pharmacy, they may be able to give you an emergency supply of your medication

If the pharmacy is unable to supply the medication...

- Make an appointment to see a GP

Arran Medical Group

# Visitor Access to Medical Services on Arran

**We're on the Web! [arranmedical.co.uk](http://arranmedical.co.uk)**



**Arran Medical Group**



Arran's population increases from its resident number of 5,000, to over 20,000 during the summer and festive periods. The ferry sees over 700,000 passenger journeys per year, so providing urgent medical care to Arran's visitors is an important component of the medical services that we offer.

If you expect to be on Arran for more than 3 months, you must [register with the practice](#). If you require medical attention whilst you are here working, on holiday or 'just visiting', there are a number of options available:

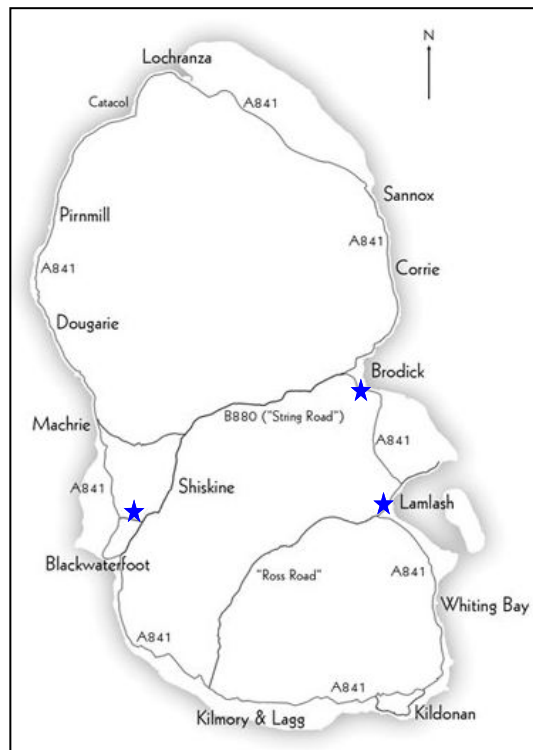
*If you are a visitor from outside the UK, you can obtain information on how to access healthcare, costs, and reciprocal agreements with your country at [www.nhsinform.co.uk](http://www.nhsinform.co.uk).*

### Life-threatening and emergency medical care

If you require emergency care due to an accident or critical medical condition, you should call **999** for an ambulance, or present to Arran's community hospital—[Arran War Memorial Hospital](#) in Lamlash—where there is a GP-led A & E unit.

### Urgent medical attention out of hours

If you require urgent medical attention out of hours, that cannot wait until GP services are open, you should call **111** for NHS24. They will decide what initial steps are necessary; if you need to see a GP out of hours, they will make the necessary arrangements.



### Urgent medical attention within working hours

If you need to see a GP during your visit, please contact us on **01770 600 516**. If you are staying for less than 3 months we will [register you on a temporary basis](#) and will offer you an appointment at one of our sites.

Please be aware that we will have no access to your previous medical records. For this reason, we recommend waiting to see your own regular GP, unless you feel that the problem cannot wait. Please note that we **can** offer the following services to temporary residents:

- Urgent medical care that cannot wait until return home
- Assistance with Warfarin/INR monitoring whilst you are away
- Removal of sutures/dressing changes e.g. from an accident that you have been treated at our community hospital for.

We **cannot** provide:

- A second opinion on a medical problem that you are already seeing your GP for
- A referral to local/Ayrshire services except in extenuating circumstances.